

Quakers Hill High School



Year 7

Enrolment Handbook

2025

Message to our new Year 7 students from the Principal

Starting high school is one of the most important events in your lives. We strive to work together to make sure our students have a strong start and feel known, valued and cared for.

Here are some important areas to think about in preparation for a strong start to Year 7:

1. **Attendance** - Attendance at school every day is vital. If you miss too much school, you will miss out on vast chunks of your learning. We need to prepare you for life after school, and like any workplace you are expected to be here every day and on time. Please make sure your parents communicate the reasons for any absences promptly and try to avoid missing any learning time.
2. **Bring Equipment** - When you come to school, make sure you bring your laptop, books, pens, pencils, PE equipment etc. Check your timetable every night and pack your bag ready for school the next day. This is your responsibility, not your parents. Your job over the next 6 years is to get a quality education and you can only do this if you come to school prepared every day.
3. **Ask Questions** - There are many people here at Quakers Hill High School to help you. If there is something that is troubling you, or something you are not sure about, please ask questions. Ask other students, seek out your Year Adviser, ask the Deputy Principal in charge of your year, ask your teachers, speak to a Head Teacher, or the school counsellors.
4. **Follow Instructions** - A big part of being successful in life is following rules and regulations. Unfortunately, the people in our society who can't do this very well end up in a lot of trouble and often fail to reach their potential. We have rules here at QHHS to ensure the safety of all our students and the best learning environment for all our students. We have high expectations of behaviour and cooperation for all students. These expectations are summarized in our SMART code, which you will be learning more about as you start Year 7.
5. **Wear Uniform** - You are part of our school community, and it is important that you appear that way. To ensure a safe and orderly school environment it is vital that you attend school in full school uniform every day. Wearing your school uniform with pride also prepares you for the world of work, as most jobs require a particular standard of uniform.
6. **Understand and Commit to our 'SMART' Code** – this describes our behaviour expectations:
 - S** means being safe
 - M** means being motivated to learn and involved in school activities
 - A** is for academic, our primary focus is all about student learning.
 - R** is all about being respectful, kind and polite
 - T** is about tolerance, listening to those around you and accepting different opinions and ideas

If you do all these things to the best of your ability, you will end up with a quality education, great experiences of schooling and a strong start to the next chapters of your life.

Welcome to Quakers Hill High School and all the best for a strong start to Year 7.

Jason White
Principal

A Note from the Deputy Principals

Quakers Hill High School is fortunate in that there are two Deputy Principals to assist in the running of the school. Each Deputy looks after three year groups within the school. Ms Rebecca Mahon looks after Years 7, 9 & 11 and Mrs Beaty Maricic is responsible for Years 8, 10 & 12.

The responsibility of the Deputy Principals is to ensure the smooth running of the school's daily routine and to deal with matters of discipline or student wellbeing as they arise.

Quakers Hill High School offers students the opportunity to become involved in a range of activities and to study a wide variety of subjects in a calm, positive atmosphere designed to promote effective teaching and learning.

Parents are asked to contact the Deputy Principal assigned to their child's year group or the Year 7 Adviser if assistance is required with any problems or concerns. The Year 7 Adviser and the Deputy Principal work closely together to ensure the wellbeing of our students.

We take this opportunity to reinforce the school's mission statement "A Caring Educational Community Shaping a Positive Future". We are both committed to ensuring that all of the students at QHHS receive a quality education that prepares them for all of the challenges and hurdles that work and life in the 21st Century will provide.

We look forward to meeting our new students and working together with them and their families to provide outstanding learning opportunities. Welcome to our school, we wish you all the very best.

Beatrice Maricic & Rebecca Mahon
Deputy Principals

Effective Communication with the School

We encourage and appreciate good communication with members of our community. We recognise that we can only be fully successful if we work in partnership with parents and caregivers. To assist with communication:

- Where possible, make an appointment to see school staff as they are very busy. Making an appointment also ensures that there is adequate time to address any concerns you might have.
- Go to Parent / Teacher interviews, open days and other events.
- Let the school know if your child is going to be away and send a note, email or SMS to school when your child is away from school for any reason.
- You can have a say about what happens at school by attending P&C meetings.
- Seek out and read the school fortnightly newsletter "Contact" which is posted on the school's website and the Sentral parent portal.
- Regularly visit the school's website: **www.quakershil-h.schools.nsw.edu.au**.
- Access the school's Facebook and Instagram pages which regularly has school events and photographs posted on it.
- Let the school know if your contact details change – address, phone and email.

Preparing for High School

<https://education.nsw.gov.au/news/latest-news/top-10-tips-to-support-students-starting-high-school>

- 1.** Purchase all supplies such as uniforms and stationery
- 2.** Practise public transport, driving and walking routes to school
- 3.** Encourage your child to be organised, set goals, seek support and be resilient
- 4.** Use the family fridge for timetables and important dates
- 5.** Choose a designated homework space for study
- 6.** Don't let phones and devices interrupt homework and family time
- 7.** Pack the night before school starts and get a good night's sleep
- 8.** Check in after school with open-ended questions about the day
- 9.** Reassure your child that their family and teachers are there to support them
- 10.** Remember, Year 7 is a partnership between students, families and schools. Stay in touch.

Who's Who at High School?

Principal

Leads and manages the school community and ensures that the education and the wellbeing of students comes first. The Principal attempts to be available to talk with students, parents and carers whenever possible.

Deputy Principals

Support the Principal in the smooth running of the school in the areas of student wellbeing, discipline, staff development and curriculum, and oversee general organisational matters. Generally, they will be your point of contact if you have any serious concerns.

Head Teachers

Manage a particular subject, e.g. English or a group of subjects and teachers in a Faculty or Key Learning Area (KLA). Other head teachers are responsible for areas such as Administration, Wellbeing, Teaching and Learning, Secondary Studies, and Technology.

Year Advisers

There is one Year Adviser per year responsible for the wellbeing of students in that year group. They work closely with the Wellbeing Team and deputy principals. Parents unsure about who to speak to should contact the Year Adviser.

School Counsellors

Provide support to students and their families, including counselling and individual educational assessments. A school counsellor is at Quakers Hill High School most days of the week.

The role of the counsellor is to assist any student who is having difficulty coping with any aspect of their life at school or of a personal nature. Students can make appointments to see the counsellor themselves and parents and staff are also able to request appointments for students.

The counsellor works very closely with other Wellbeing staff within the school who have the advantage of being involved with the students for the entire school week.

Administration Staff

Office staff are the first point of contact for students, parents/carers and the community for all general enquiries regarding the day-to-day running of the school.

Support Staff

The role of the Learning and Support teachers (LaSTs) is to assist the school to cater for all students so that they can reach their potential.

Each child in Year 7 will be assessed for reading, comprehension and mathematics. A program is designed, in conjunction with school executive staff and classroom teachers, to assist those students in settling into learning styles and strategies operable in a High School. Parent cooperation in relaying vital records or past experiences in primary school, can be a good starting point. We also have a specialist EALD teacher who assists students whose first language is not English.

Who's Who In 2025



Deputy Principal
Mrs B Maricic
(Years 8, 10 & 12)



Principal
Mr J White



Deputy Principal
Ms R Mahon
(Years 7, 9 & 11)

Head Teachers



English
Ms L Earl



Mathematics
Mr M Daghel



Science
Ms K Naicker



Creative Arts
Mr L Cole



HSIE
Ms K Critchley



Technology
Mr M Brooks



PD/Health/PE
Mr D Nash



TAS
Mr S Wakeling

Head Teachers



Wellbeing
Mr J Kantek



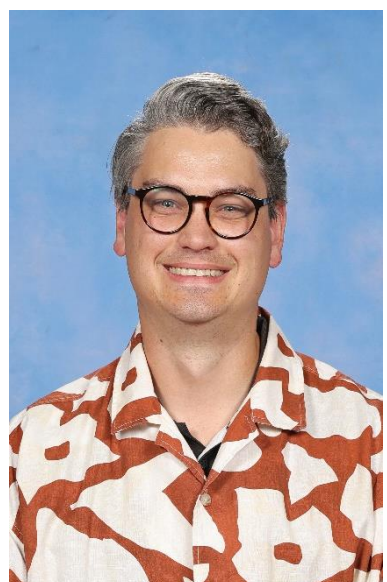
Support Unit
Mr E Bizan



Secondary Studies
Ms D Ahn (Rel.)



Teaching & Learning
Ms P Cobb



**Administration/
Attendance**
Mr G Dacey (Rel.)



**Nirimba Collegiate
Deputy**
Ms S Tarasenko

Year Adviser

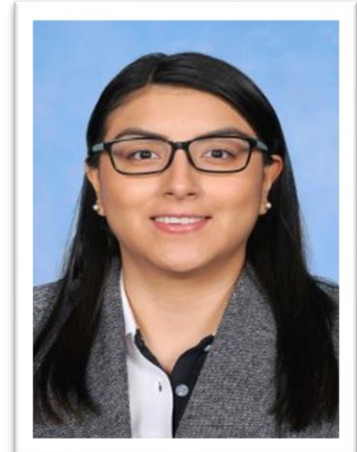
School Counsellors



Year 7
Ms C Cameron-Lee



Ms K Delany



Mrs R Provenzano

Other Key Staff



Careers Adviser
Mr B Hutton



**Librarian/Year 6
Transition
Co-ordinator**
Ms M Lachevre



**Student Support
Officer**
Ms M Talaeai



**Aboriginal
Educational Officer**
Ms J Anderson



Sports Co-ordinator
Mr R McKean



**Sports
Co-ordinator**
Mr C Hawkes



**School
Administration
Manager (M-W)**
Mrs C Jones



**School
Administration
Manager (Th-Fr)**
Mrs K Moseley

The First Day of School

Year 7 students start school on Thursday 6 February 2025.

They should assemble in the school hall between 8-8.30am.

All students must be in full school uniform with black enclosed leather shoes.

The Uniform Shop will be open on Information Evening:

- Information Evening – Thursday 28 November 2024 – 5.30pm-7.30pm

Uniform Shop School Holidays opening hours:

- 28, 29 & 30 January 2025 – 9am–12pm note: shop will be fully staffed on these days
- 31 January 2025 (Student Free Day) by appointment only
- 3 February 2025 – 8am–10am (Student Free Day)
- 4 & 5 February 2025 – (Student Free Days) by appointment only
- 6 February 2025 – (First Day for Students) 8.10am-10am

Normal Monday and Thursday hours return:

- Monday 10 February - 8.10am–9.30am
- Thursday 13 February - 8.10 – 10am

Book packs are available from the school for \$36 and include everything a Year 7 student requires. You will be allocated to a class and provided with a timetable. You will also be issued with a Quakers Hill High School diary to assist you with organisation and to act as a means of communication between school and home. Put your name on the front. Your teacher will explain to you how to use your timetable and your diary.

Bring your recess, lunch and drinks. The school canteen will be fully operational on the first day of school. Refer to our website for the canteen price list.

We encourage you to ask your peer support leader or class teachers any questions about any matters, large or small. We are most happy to assist in any way possible to make transition as easy as possible.

Parents and Citizens (P&C) Association Invitation

Dear Parents and Carers,

On behalf of the current P&C, I would like to warmly welcome you and your family to Quakers Hill High School.

The Parents and Citizens' Association at Quakers Hill High School exists for two purposes:

1. To raise funds through the Uniform Shop, which we then reinvest into the school community for the direct purpose of benefiting our children; and
2. To be a primary conduit for communication and connection between the school and the community of parents and carers.

The Department of Education doesn't provide all the funds required to run a growing, thriving school. As a P&C, we help bridge the gap by contributing to various projects. For example, in recent years, we've funded the much-improved new entrance to the school and provided a much-appreciated morning tea on World Teachers Day.

These funds come from operating the Quakers Hill High School Uniform Shop, which is run by a small group of dedicated parent volunteers who donate their time on Monday and Thursday mornings. If this is something you'd be interested in supporting, either regularly or occasionally, we'd love to hear from you.

Our P&C meetings are held on the 2nd Monday of every month, during Terms 1 and 4 in the library at Quakers Hill High School, and online in Terms 2 & 3, commencing at 7pm. In They are casual and friendly, and provide an excellent opportunity for developing connections with the principal, executive staff, and other engaged parents and carers. They're a great way to learn all the ins and outs of our school - we'd love to see you there.

Robbie Hayes
P&C President

Scripture

Scripture or Special Religious Education (SRE) is optional and is delivered by a team of enthusiastic individuals from local churches. Please read the SRE letter for further information.

Book Packs

Quakers Hill High School has developed book packs containing most resources that your child will need. As we order in bulk, the price is very competitive. The total cost including GST is \$36.00 and is available from the school office.

Year 7 Book Pack
5 x 128 Page A4 Exercise Book 8mm ruled
1 x 96 Page A4 Exercise Book 8mm ruled
2 x 192 Page A4 Exercise Book 8mm ruled
2 x 96 Page A4 Music Book 8mm ruled & stave
2 x 120 Page A4 Visual Arts Diary 110gsm black
1 x 20 pocket A4 refillable Display Book black
1 x 250 Page A4 5-subject notebook assorted colours
1 x 128 Page A4 Binder Grid Book
1 x glue stick
3 x HB eraser pencils
2 x Ballpoint Pens medium blue
1 x Ballpoint Pen medium red
2 x HB graphite pencils
1 x large eraser
1 colour pencils box (12)
1 x 300mm plastic ruler
1 x barrel pencil sharpener double hole

Note: **The following items are not to be brought to school:
Liquid Paper, Felt Tip Pens, Laser Pens, Energy Drinks, and Hoodies**

When in doubt, leave it out.



Year 7 2024 Books and Materials List

Provided by QHHS	Yondr Pouch, School Diary
General	Black Leather enclosed shoes, School Bag, Pencil Case, Pens 2 (blue, black & red, HP Pencils), Ruler, Glue Stick, Sharpener, Eraser, Scissors, Highlighters, 8 GB USB, Scientific Calculator Casio FX 82 Plus, Enclosed Sport Shoes, PE Uniform, Exercise Books (covered and labelled)
SUBJECT	MATERIALS
English	Computer with Microsoft platform, 1 x 192 Page exercise book
Mathematics	1 x 240 page Grid Book (5mm grid), Scientific calculator Casio FX 82 Plus, 30cm Plastic Ruler
Science	1 x 240 page exercise book. Assignments should be stapled and submitted in a plastic sleeve with the assignment cover sheet attached. Leather enclosed shoes must be worn at all times
History	1 x 192 page A4 exercise book
Geography	1 x 192 page A4 exercise book
Languages	1 x 64 page A5 exercise book
PDHPE	1 x A4 Workbook, QHHS Sport Uniform
Music	Music manuscript book
Visual Arts	1 x A4 Visual Arts Process Diary (VAPD), Graphite Pencil set/Smudging tool
Drama	(Log Book), 1 x 80 page exercise book
Technology	1 x A4 Display Folder, 1 x 190 page exercise book, Leather enclosed shoes (WHS requirement)

YONDR PROGRAM

In 2022, Quakers Hill High School embarked on a partnership with Yondr (<https://www.veryondr.com/use-yondr>) to make our school a phone-free space for students. In 2023 the NSW Government banned mobile devices for students at public schools. Yondr is an effective method of managing this ban and is certainly more effective than other options such as asking students to put their phone away.

Yondr is used across the world in classrooms and schools, at concerts, comedy shows, weddings and special events of all kinds. The goal of eliminating phone use during the school day is to encourage students to engage with each other and their surroundings. The program employs a simple, lockable pouch that stores a mobile phone and requires an unlocking base to open. When students arrive at school, they will turn their mobile phone off and place it into a personally assigned Yondr pouch that has been paid for by the school. Students will maintain possession of their mobile phones but they will not be able to use them until their Yondr pouch is opened at the end of the school day. A detailed Personal Device Policy is available on the school website.

Students are required to bring their Yondr pouch to and from school each day and are responsible for their Yondr pouch at all times.

With Yondr in place we have found students to be more engaged in the classroom and with each other, less likely to engage in negative or anti-social behaviours in the playground, and less likely to be distracted and procrastinate on assignments in class. We have also noticed a strong increase in students being actively engaged in games and library activities during break times.

We want to assure our families that you will be able to contact your child through the main office on 98371533. Unlocking stations are also available in multiple locations, including the Front Office, Library, and specified staffrooms if students need to access their phone with staff permission.

HOW THE YONDR POUCH WORKS



POUCH

As a student enters school, they place their phone in their assigned Yondr pouch.



SECURE

The pouch is closed and secured. Each student keeps their pouch throughout the day.



EXIT

When leaving school, the student taps their pouch to an unlocking base to release their phone.

Frequently Asked Questions

What if I want to reach my child during the school day?

We want our students to be engaged in their learning. All parents/carers can contact the office (9837 1533) in order to get a message to their child.

What if there is a family emergency and I want to speak to my child directly?

In case of an emergency where you need to speak directly to your child please ring the office and then we can unlock your child's pouch so that you can speak directly to them.

Will my student's phone be safe?

Students are in possession of their phone - in their Yondr pouch - for the entire school day. Students store the pouch in their backpacks.

What if the Yondr pouch gets damaged?

Although the pouch is given to the students for them to place their name on, it remains the property of Quakers Hill High School. If a student deliberately damages or tampers with a Yondr pouch, they will be held responsible. The student's mobile phone will be surrendered and a parent/carer will be required to pick-up the phone. A replacement Yondr pouch will need to be purchased at a cost of \$15:00.

Note: Damage consists of any signs that the physical integrity of the pouch has been compromised, whether intentional or unintentional, as determined by the school or Yondr staff.

BRING YOUR OWN DEVICE

Quakers Hill High School is a Bring Your Own Device (BYOD) school hence it is important for successful teaching and learning that all students have access to their own device.

We believe that BYOD supports both students and staff in a variety of ways, including the ability to

- work and learn collaboratively
- develop creative and critical thinking
- engage in flexible learning activities
- develop digital citizenship
- capture a range of modes, including text, audio and video.

Quakers Hill High School has invested heavily in technology over the past seven years, and we will continue to invest time and funds into ongoing staff/student learning in order to support the success of ongoing one to one device learning. The school has partnered with 'Learning with Technology' to organise discounts on a range of suitable devices. For more information, please visit <https://qhhs.orderportal.com.au/>.

Please be aware that students without their own devices will be supported by the provision of a loan device where necessary.

QUAKERS HILL HIGH SCHOOL Being SMART at QHHS

Safe	Motivated	Academic	Respectful	Tolerant
<ul style="list-style-type: none"> Follow staff instructions Move carefully and calmly around all areas of the school Dress correctly for the specific purpose Line up sensibly outside classroom Use all equipment appropriately Notify staff of any concern Stay in bounds Keep the school free from drugs, alcohol and dangerous items 	<ul style="list-style-type: none"> Take responsibility for your learning Be prepared for lessons Attend all lessons and arrive on time Set yourself goals and aim to achieve them Accept challenges Take pride in yourself and your school Participate in school activities Participate without fear of failure 	<ul style="list-style-type: none"> Work to the best of your ability Prepare for set tasks Seek and accept help when needed Apply your skills and knowledge across all subjects Meet due dates and produce original work Use all available resources Work successfully in groups or independently Explore further learning opportunities 	<ul style="list-style-type: none"> Take responsibility for your own behaviour Allow others to participate without distraction or disruption Recognise the rights of others Be polite Take care of personal, school and other individual's property Encourage each other Acknowledge other people's work Keep our hands and feet to ourselves 	<ul style="list-style-type: none"> Accept individual differences Be sensitive to other people's needs and feelings Listen to each other's opinions Resolve conflict peacefully Be inclusive Be fair Understand that people make mistakes and learn from your own Be patient

QHHS Library

The QHHS Library is a hub of learning and a vital community gathering point. There are four class spaces, and a multitude of digital and physical resources available to help students and staff address their educational and recreational learning needs. To build positive relationships with all students we offer an exciting calendar of co-curricular activities. For more information on this and the many other services offered in the library, please see the school website.

The library is operational each day during recess and lunch.

Special events in the QHHS library

- Annual Book Week celebrations
- Premier's Reading Challenge (PRC)
- QHHS 10 Book Challenge
- Library Leadership Program
- Various cultural celebrations
- Student wellbeing initiatives
- Art exhibitions
- Student voice film projects

Travelling to and from School

Some students attending QHHS travel by bus. If you live further than 2 km from school in a straight line, your child **may be** entitled to free travel to and from school. If your child is required to walk a distance of more than 2.9 km they **may be** entitled to a bus pass. Applications for a bus pass may also be made on the grounds of safety. Please note: The Department of Transport is responsible for deciding if applications are accepted, NOT THE SCHOOL.

The School Opal card is a new online application. The School Opal card gives eligible students free travel to and from school on school days. Students don't need multiple application forms and passes if they use different transport operators within the Opal network. Bus timetables can be found at: http://www.busways.com.au/travelling_with_us/school_timetables.

SCHOOL TIMETABLE

WESTERN SUBURBS REGION

Quakers Hill High School

Timetable effective from Monday 05 August 2024

Amended 19/07/2024

(R) Bus Turns Right - (L) Bus Turns Left

MORNING				
Bus Number	Route Number	Time	Locations Serviced	Route Description
-	745	7:42 AM	Glenwood Stanhope Gardens Quakers Hill	Departs Glenwood Park Dr & Wheedon St via Glenwood Park Dr (R)Forman Av (R)Glenwood Park Dr (L)Sorrento Dr (R)T-Way (L)Stanhope Pkwy (L)Sentry Dr (R)Quakers Hill Pkwy (R)Farnham Rd to Barnier Dr (8:03am), continues Farnham Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd to School.
6077	-	7:56 AM	Quakers Hill	Departs Quakers Hill Station via Pearce Rd (R)Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd (R)Hambledon Rd (L)Barnier Dr (L)Farnham Rd (8:09am) (L)Quakers Hill Pkwy (R)Pye Rd (R)Highfield Rd (R)Lalor Rd to School.
6035	-	7:58 AM	Blacktown Marayong Quakers Hill	Departs Blacktown Station (Rank A) via Richmond Rd (R)Breakfast Rd (L)Quakers Rd (8:10am) (R) Narrabri St (R)Bombala Cres (L)Arnott Rd (L)Warrimoo Dr (L)Chaplin Cr (R)Quakers Rd (R)Quakers Hill Pkwy (R)Hambledon Rd (L)Lalor Rd to School.
-	745	7:58 AM	Glendenning	Departs Adrienne St & Lamb St via Adrienne St (R)Armitage Dr (L)Golding Dr (R)Richmond Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd to School.
-	752	8:05 AM	Blacktown Station Marayong Quakers Hill	Departs Blacktown Station (Rank A) via Richmond Rd (R)Davis Rd (L)Quakers Rd (8:12am) (R)Narrabri St (R)Bombala Cr (R)Ottley St (L)Arnott Rd (L)Warrimoo Dr (L)Chaplin Cres (R)Quakers Rd (8:20am) (R)Quakers Hill Pkwy (R)Hambledon Rd (R)Lalor Rd (L)Pearce Rd to roundabout, turns around & returns to Quakers Hill Station (8:28am), continues Pearce Rd (R)Lalor Rd to School.
6072	-	8:06 AM	Glendenning Dean Park	Departs Adrienne St & Lamb St via Adrienne St (R)Armitage Dr (L)Golding Dr (L)Richmond Rd (R)Yarramundi Dr (L)Hoyle Dr to Dean Park Shops (8:14am), continues Hoyle Dr (R)Symonds Rd (L)Richmond Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd to School.
6097	-	8:12 AM	Nirimba Fields	Departs Triton Pde & Aerodrome Dr via Triton Pde (R)Nabthorpe Pde (L)Firefly St (L)Mariner Av (R)Triton Pde (L)Siding Tce (L)Lockheed St (R)Aerodrome Dr, Veron Rd (R)Schofields Rd (R)Railway Tce, Burdekin Rd (R)Walker St (L)Bali Dr to Hambledon Public School (8:28am), continues Bali Dr (R)Hambledon Rd (L)Lalor Rd to School.
-	732	8:12 AM	Quakers Hill Station	Departs Quakers Hill Station via Pearce Rd (R)Lalor Rd to School.
6020	-	8:13 AM	Arnott Rd Warrimoo Dr	LAST PICK UP AT CHAPLIN CR & QUAKERS RD Departs Arnott Rd & Quakers Rd via Arnott Rd (L)Warrimoo Dr (L)Chaplin Cr to Quakers Rd, then to School.
6031	-	8:17 AM	Blacktown Marayong Quakers Hill	Departs Blacktown Station (Rank B) via Richmond Rd (R)Breakfast Rd (L)Quakers Rd (8:28am) (R)Quakers Hill Pkwy (R)Hambledon Rd (L)Lalor Rd to School.

AFTERNOON				
Bus Number	Route Number	Time	Locations Serviced	Route Description
6627	-	3:03 PM	Nirimba Fields	Departs School via (L)Lalor Rd (R)Hambledon (L)Burdekin Rd, Railway Tce (L)Schofields Rd (L)Veron, Aerodrome Dr (L)Lockheed St (R)Siding Tce (R)Triton Pde (L)Mariner Av (R)Firefly St (R)Nabthorpe Pde (L)Triton Pde to Aerodrome Dr (3:25pm).
6568	-	3:06 PM	Arnott Rd Warrimoo Dr	Departs School via Lalor Rd (R)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr, Warrimoo Dr (R)Arnott Rd to Quakers Rd (3:20pm).
6584	-	3:06 PM	Quakers Hill	Departs School via Lalor Rd (L)Hillcrest Rd (L)Pye Rd (R)Wilson Rd (L)Chase Cr (3:12pm) (L)Quakers Hill Pkwy (R)Farnham Rd (L)Kennington Rd (R)Farnham Rd (L)Barnier Dr (L)Hambledon Rd (R)Bali Dr (R)Walker St (R)Burdekin Rd to Hambledon Rd (3:31pm).
6562	-	3:23 PM	Blacktown Marayong	FIRST SET DOWN WARRIMOO DR & ARNOTT RD Departs School via Lalor Rd, then to Warrimoo Dr & Arnott Rd, continues (R)Arnott Rd (L)Quakers Rd (R)Davis Rd (L)Richmond Rd to Blacktown Station (3:52pm).
-	752	3:25 PM	Marayong	Departs School via Lalor Rd, Pearce Rd to roundabout, turns around & returns to Quakers Hill Station, continues Pearce Rd, Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr (3:35pm) (R)Warrimoo Dr (R)Arnott Rd to Quakers Rd.
-	745	3:25 PM	Glenwood	Departs School via Lalor Rd (L)Grady St (L)Quakers Hill Pkwy (R)Farnham Rd (L)Quakers Hill Pkwy (L)Sentry Dr (R)Stanhope Pkwy (R)T-Way (L)Sorrento Dr (R)Glenwood Park Dr (L)Forman Av (L)Glenwood Park Dr to Wheedon St (3:52pm).
-	732	3:30 PM	Quakers Hill	Departs School via Lalor Rd, Pearce Rd to roundabout, turns around & returns to Quakers Hill Station (3:37pm), continues Pearce Rd, Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd to Hambledon Rd (3:46pm).
6540	-	3:30 PM	Blacktown	FIRST SET DOWN DAVIS RD Departs School via Lalor Rd, then to Quakers Rd & Davis Rd (3:34pm), continues (R)Davis Rd (L)Richmond Rd to Blacktown Station (3:45pm).
6545	-	3:30 PM	Glendenning Dean Park	Departs School via Lalor Rd (L)Grady St (L)Quakers Hill Pkwy (R)Richmond Rd (R)Symonds Rd (L)Hoyle Dr to Dean Park Shops (3:43pm), continues Hoyle Dr (R)Yarramundi Dr (L)Richmond Rd (R)Golding Dr (R)Armitage Rd (L)Adrienne St to Lamb St (3:53pm).

Contributions

General Contribution	Library resources, computers, sporting equipment and teaching resources	\$70.00
TAS	Technology (Industrial Arts, Home Economics & Agriculture)	\$70.00
CAPA	Music & Visual Arts	\$70.00
Digital Resources	Atomi and online textbooks	\$50.00
Total		\$260.00

For Year 7 students, these curriculum contributions cover consumable materials used through the year in the Creative & Performing Arts and Technology faculties, and provides access to a wide range of digital resources for all students which can be accessed at school and at home.

Payments can be made at the school office during school hours. Parents can make online payments through School Bytes, accessed through the school's website.

Student Assistance

The school has been provided with some funds to assist parents and carers who are experiencing financial difficulties in providing basic educational needs for their children. We try to assist as many students as we can within the limits of the available funding. Assistance can be provided in a number of areas, but the emphasis is on provision of school uniform.

Please contact the school for further details.

QHHS Sport in 2025

Every Wednesday during periods 2 & 3, **Year 7 & 8** students will go to either Grade/Recreational Sport/House Sport. During periods 4 & 5, **Year 9 & 10** students will go to either Grade/Recreational Sport/House Sport.

There are grade sport seasons that run throughout the year for approximately 11 playing weeks including finals. Grade sport seasons do not line up with school terms and the duration can be affected by wet weather etc.

We are looking at offering the following recreational Sports in 2025:

- Dance
- Handball
- Power walking
- Table Tennis
- Theatre Sports

All students will receive a sports survey at the start of each of the three sports seasons where they will get to select and submit their sport preferences for the upcoming season. Grade sport team trials will be held at the start of each respective grade sport season over a two week period.

Grade sport is played against schools in the Macquarie Zone including The Ponds High School, Rouse Hill High School, Kellyville High School, Crestwood High School and Glenwood High School. Students participate in competitive team sports including Oztag, Soccer, Touch Football, Netball, Ultimate Frisbee, Volleyball and Basketball. Students that are selected in QHHS grade sport teams are required to pay \$50 to contribute to the costs of hiring buses each week.

Year 7 Vaccinations

Vaccines, for all Year 7 students

Dear Parent/Guardian

Teams of specially trained registered nurses will be visiting your child's school during Year 7 to offer vaccinations against serious vaccine preventable diseases.

Vaccines includes

1. **Human Papillomavirus (HPV) vaccine** (2 dose schedule, given at least 6 months apart) – giving protection from 9 types of HPV
2. **Diphtheria-Tetanus-Pertussis (dTpa) vaccine** (1 dose) – a booster dose due at this age



What do you need to do?

- ✓ Read the **Year 7 Vaccination Information Kit** which will be distributed by your child's school at the beginning of the school year
- ✓ **Complete & sign the Consent Form** (make sure you sign for each vaccine your child requires)
- ✓ **Return the signed Consent Form** to your child to return to school, as soon as possible
- ✓ **Discuss the importance of vaccinations** with your child
- ✓ **Ensure your child has breakfast** on the morning of vaccination
- ✓ **If your child is absent from school on vaccination day** catch-up vaccinations will be provided at the next school clinic/s throughout the year

More questions?

Please contact Western Sydney Public Health Unit on 9840 3603 or visit

<https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx> for further information and translated copies of the Year 7 Vaccination Information Kit.

<http://www.hpvvaccine.org.au/>

<https://www.health.gov.au/resources/videos/hpv-vaccine-preventing-human-papillomavirus-hpv-cancers-and-diseases-by-vaccination-parent-video> for further information on HPV vaccine

Wellbeing and Discipline



Quakers Hill High School Level System Flow Chart




FACULTY	Yellow Level	Classroom Teachers and Head Teachers can place students on Yellow Levels within a subject. A student is placed on a Yellow Level for consistent breaches of QHHS's SMART code. The classroom teacher monitors student's work and behaviour for a set number of periods. Letter and/or phone call to parents.	No Restrictions to Whole school activities	
	Orange Level	Head Teachers place students on Orange Levels and monitor student progress whilst on them. An Orange Level is a withdrawal level where students are removed from their normal class for failing to meet the identified SMART expectations whilst on a Yellow Level. Students are withdrawn from class for a set number of periods. Head Teacher to send a letter home and phone parents. Students must complete an Orange Level reflection sheet before they re-enter the class on a new Yellow Level.	Attendance at excursions or special events may be restricted. HT to negotiate with student	
WELLBEING	Blue Level	Deputy Principals and Year Advisers place students on Blue Levels. Blue Levels are primarily used to help students focus on improving classroom behaviours. Blue Levels are not punitive and students can self-refer for a Blue Level.	No Restrictions	
	SENIOR EXECUTIVE	Red Level	The Principal and Deputy Principals place students on Red Levels. Students may be placed on Red Levels for persistent problems across several subjects and/or persistent disobedience whilst on an Orange Level. Students returning from suspension may also be placed on a Red Level. Students may be referred to the school counsellor and/or appropriate support program/s. Parents will be contacted.	Possible exclusions may apply based on individual circumstances of each student
		Formal Caution	The Principal and Deputy Principals issue students with a Formal Caution of Suspension. Formal Cautions can be issued for persistent disobedience whilst on a Red Level. They can also be issued for serious breaches of the SMART code. Parents will be contacted and a referral made to the school counsellor and/or appropriate support program/s.	Possible exclusions may apply based on individual circumstances of each student
Suspension	The Principal and Deputy Principals issue students with a suspension. It can be issued for persistent disobedience whilst on a Red Level. They can also be issued for serious breaches of the SMART code. For short suspensions parents will be contacted and a referral made to the school counsellor and/or appropriate support program/s. Students will need to complete a return from suspension interview with their parent/carer provider post suspension. Long suspensions also include a referral to the suspension centre.	Not allowed to attend school or any school event for the duration of the suspension		

Smarties

Smarties are reward cards given to recognise and encourage pro-social behaviour. Once a student collects 3 Smarties, they can hand them into their roll call teacher, and a Merit card will be issued by the school's SASS (School Administration and Support Staff) team. Merits are recorded as a positive entry on Sentral, the school record management system.

Smarties may also be given in examinations, for sports carnival attendance, school service, assistance given to the teacher, and so on. Extended roll call on Wednesday morning will at times be used to remind students of the school's SMART expectations with focused activities on positive behaviour for learning.



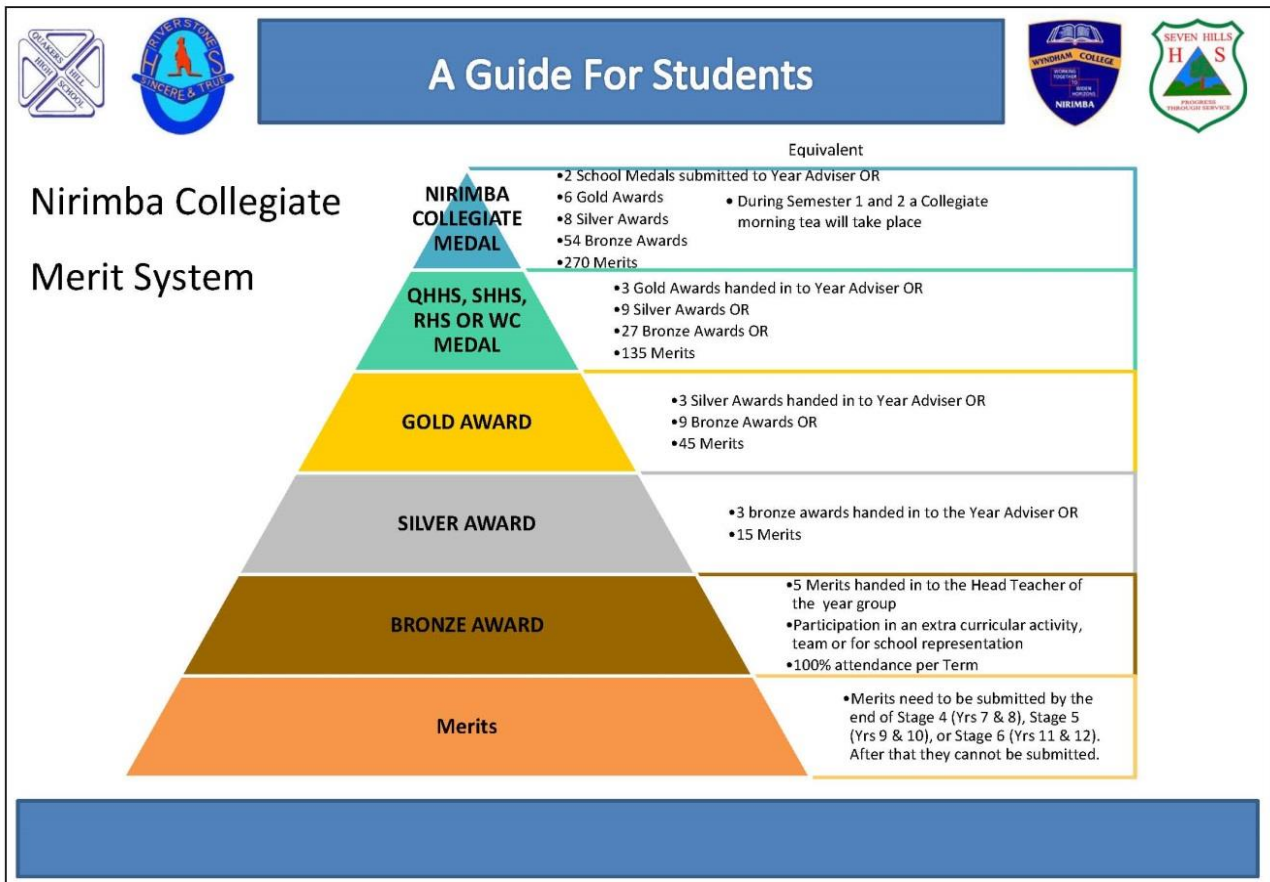
Name: _____
 Roll Call: _____ Year: _____

Circle -> **S** **M** **A** **R** **T**

Staff signature: _____ Date: _____

Collect 3 Smarties and hand to your roll call teacher for a merit

The Merit System



PROCEDURES FOR DEALING WITH BULLYING

Student Responsibilities

1. Use strategies taught at school such as:
 - Ignore the bullying
 - Name the behavior, EG "you are bullying me"
 - Walking away
2. Tell a teacher, Year Adviser, Student Support Officer, Head Teacher, Deputy Principal or the Principal BUT tell someone.

QHHS Staff Responsibilities

1. Listen to the student and support them to fill out an anti-bullying report (target)
2. Investigate, using the anti-bullying contract/bullying mediation sheet
3. Record all details on SENTRAL
4. Consult a Head Teacher or Year Adviser if not sure how to proceed
5. Refer the case to the Deputy Principal or Principal if:-
 - It is a repeat offence with no evidence of a change in behaviour
 - It includes cyber-bullying or physical violence (above the line behaviour)

Graduating system of consequences for bullying incidence

First Instance	Student is warned/counselled. Incident is recorded on SENTRAL
Second Instance	Student is issued with an after school detention
Third Instance	Parents are contacted and students are removed from the playground for 3 days
Fourth Instance	Formal caution of suspension (Deputy Principal)
Fifth Instance	Suspension. NOTE: Above the line bullying may result in an immediate suspension

Parent and Guardians Responsibilities

1. Encourage your child to report any incidence of bullying as soon as possible
2. Do not encourage your child to retaliate in any way in person or through social media
3. Encourage your child to follow the school's procedures around bullying
4. Contact the school to ensure that the appropriate staff are aware of what is happening
5. If cyber-bullying is taking place, copy and keep the posts as evidence
6. Keep an open mind as you may be hearing only one side of the story
7. Do not approach the bully yourself or become involved Facebook or social media.

At Quakers Hill High School, the entire school community shares the responsibility for creating a S.M.A.R.T. learning community where bullying is not tolerated. We are a school community where all students are encouraged to report all instances of bullying.

Other Things You Need to Know

Roll Call

Students are placed in a roll call class for the year. Each roll call class is supervised by a roll call teacher to whom all letters regarding attendance should be addressed.

Mobile Phones and Smart Watches

We understand that parents may wish their child to have mobile phones or Smart watches so that they can communicate changes in plans and to ensure their safety outside of school. However, the use of mobile phones and Smart watches for verbal, internet or SMS communication at school is not allowed and should be in their YONDR pouch as per the school policy.

If you need to contact your child during school hours, please call the office.

Sickness

Children should not be sent to school without adequate care being taken of injuries already received or if sickness is anticipated. The function of the school clinic is to treat students or render first aid, to assist them if possible, to get them through the day. It is not a recovery room, a rest centre or a hospital.

Sometimes it is necessary to send sick students home. If this is necessary, you will be notified by phone. Please note a student will not be sent to an empty home when they are sick. Arrangements will be made with the parent/guardian or an emergency care contact (e.g. relative, neighbour). Emergency contact numbers are therefore very important and should be kept updated by simply ringing the office if there is a change. No medication will be administered for **any reason** by a teacher or office staff. If it is necessary for a student to take medication during the day, this medication must be left at the office. It is the student's responsibility to come to the office to take their medication. Students are not permitted to have pills, etc. in their possession at school.

Absence from School

Parents/Carers are required to explain their child's absence from school within seven (7) days by reaching out and using any means of verbal or written communication to explain their child's absence. The Department of Education has four acceptable categories for justified absences:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral.

If no communication is received within seven (7) days of the absence, the absence will be treated as unexplained.

For any planned absences of more than five (5) days, parents/carers need to complete both the Application and Certificate for Extended Leave – Travel, available at the Administration office, or on the Quakers Hill High School website. Approval is required by the Principal.

Each day, roll call begins at 8.45am. All students must attend. Any student who arrives late to school but during roll call must report to their roll call class to be marked present in Attendance by their roll call teacher. Any student who arrives after roll call must report to the office to sign in upon arrival. To avoid detention, all late arrival absences should be accompanied with written or verbal communication from their parent/carer.

Leaving Early

If you require your child to leave the school before the end of the school day, a note containing a full explanation of the reason for leave must be sent to the school office with your child BEFORE roll call. Under no circumstances should a student contact their parent to come and collect them.

Excursions

Excursions form a valuable part of your child's educational experiences. You will be fully informed in writing of all details of any school excursion. All money and permission notes are to be paid to the school office.

Assemblies

Formal assemblies are held every Monday Period 4 for the whole school. Year assemblies are held once a month to deal with the specific requirements for that year.

Examinations

Students sit half-yearly and yearly examinations as well as topic tests and quizzes. If you miss a test due to illness, please see your teacher and arrange a time to complete the task. Do not let it just go by. Show people what you are capable of both academically and in terms of maturity.

Bicycles

Students are permitted to ride bicycles to school provided they wear helmets and obey the road rules. A bicycle rack is provided for students however, they will need to provide their own chain and lock to secure their own property. The school cannot take responsibility for the security of bikes/scooters.

Lost Property

No responsibility can be accepted for property lost through the carelessness of the owner. Students are requested not to bring valuable equipment to school and to keep their bags under supervision at all times. To assist the school to return lost property, all pieces of students' property should be clearly labelled with their name and roll class. All enquiries regarding lost property should be directed to the front office.

Bell Times - 2025

TUESDAY, THURSDAY, FRIDAY	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	8.55	10'
	1	8.55	9.55	60'
	2	9.55	10.55	60'
	RECESS	10.55	11.20	25'
	GO TO CLASS	11.20	11.25	5'
	3	11.25	12.25	60'
	4	12.25	1.25	60'
	LUNCH	1.25	1.50	25'
	GO TO CLASS	1.50	1.55	5'
	5	1.55	2.55	60'
	WEDNESDAY	GO TO CLASS	8.40	8.45
ROLL		8.45	9.05	20'
1		9.05	10.05	60'
RECESS		10.05	10.30	25'
GO TO CLASS		10.30	10.35	5'
2		10.35	11.30	55'
3		11.30	12.25	55'
LUNCH		12.25	12.50	25'
GO TO CLASS		12.50	12.55	5'
4		12.55	1.50	55'
5		1.50	2.45	55'

MONDAY	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	9.05	20'
	1	9.05	10.05	60'
	2	10.05	11.05	60'
	RECESS	11.05	11.30	25'
	GO TO CLASS	11.30	11.35	5'
	3	11.35	12.35	60'
	ASSEMBLY	12.35	1.20	45'
	LUNCH	1.20	1.45	25'
	GO TO CLASS	1.45	1.50	5'
	5	1.50	2.50	60'

Bell Signals System

There are various bell signals which tell students and staff what to do.

Single Ring indicates the start of the day, end of lessons or breaks and the end of the day.

Two Rings indicate an assembly in the quadrangle has been called. All students and staff should assemble in the quad as quickly as possible.

Three Rings indicate that the **oval is closed** due to extreme heat or rain. Undercover walkways become in-bounds for that break.

Whoop Sound indicates that an **evacuation** is necessary. Students and staff must evacuate the buildings and assemble on the oval.

Doorbell Sound indicates a **lockdown** is required. All students and staff must remain in the buildings, close and lock all doors and wait for the all clear (which is two rings calling everyone to the quadrangle).

Uniform

The P&C have given their time to open the uniform shop to ensure ease when purchasing uniforms for the school year. The upcoming opening hours are:

- Information Night – Thursday 28 November 2024 – 5.30pm-7.30pm

Uniform Shop School Holidays opening hours:

- 28, 29 & 30 January 2025 – 9am–12pm note: shop will be fully staffed on these days
- 31 January 2025 (Student Free Day) by appointment only
- 3 February 2025 – 8am–10am (Student Free Day)
- 4 & 5 February 2025 – (Student Free Days) by appointment only
- 6 February 2025 – (First Day for Students) 8.10am-10am

Normal Monday and Thursday hours return:

- Monday 10 February - 8.10am–9.30am
- Thursday 13 February - 8.10 – 10am

Girls	Price
Jnr Tartan Skirt (Yrs 7-10)	\$50.00
Snr Navy Skirt (Yrs 11-12)	\$50.00
Blouse – White (Yrs 7-10)	\$30.00
Blouse – Blue (Yrs 11-12)	\$30.00
Long Pants - Navy	\$40.00
Shorts - Navy	\$32.00
Boys	
Shorts – Navy (sizes 8-2XL)	\$25.00
Shorts – Navy (sizes 3XL up)	\$40.00
Long Pants – Navy (sizes 8-2XL)	\$30.00
Long Pants – Navy (sizes 3XL up)	\$40.00
Business Shirt – White (Yrs 7-10)	\$30.00
Business Shirt – Blue (Yrs 11-12)	\$30.00
Unisex	
Polo Shirt – White (Yrs 7-10)	\$30.00
Polo Shirt – Blue (Yrs 11-12)	\$30.00
Sloppy Joe – Navy	\$35.00
Woollen Jumper – Navy (sizes 10-22)	\$60.00
Woollen Jumper – Navy (sizes 24-30)	\$60.00
Soft Shell Jacket – Navy (Yrs 11-12)	\$70.00
Microfibre Jacket	\$60.00
Tie – Optional	\$20.00
School Scarf	\$10.00
Sports Uniform	
Sport Trackpants	\$40.00
Sport Shorts	\$30.00
Sport Shirt	\$35.00

Please Pay Particular Attention to:

Jewellery must be kept to a minimum. **Earrings** are to be studs or sleepers **ONLY** (this is for safety reasons).

Wristbands & Necklaces – spiked are **NOT** to be worn.

Additional Clothing (for warmth) – may **ONLY** be worn under items of uniform and must **NOT** be visible at any time. T-Shirts – White **ONLY** permitted under school shirts.

Footwear –

- (a) **White Socks** without logos must be worn at all times (no black or coloured socks)
- (b) **SHOES** must be **black leather** which **fully enclose and support** the foot. Ballet flat/Slipper type shoes are not permitted.

Track pants – not permitted other than the QHHS Sport Track pants that can only be worn on sport day.

Boys' pants must not be elasticized in the legs; this is not part of our school uniform.

Tights/Leggings are NOT to be worn

Hoodies are banned at Quakers Hill High School for safety reasons and must NOT be worn.

Headwear -

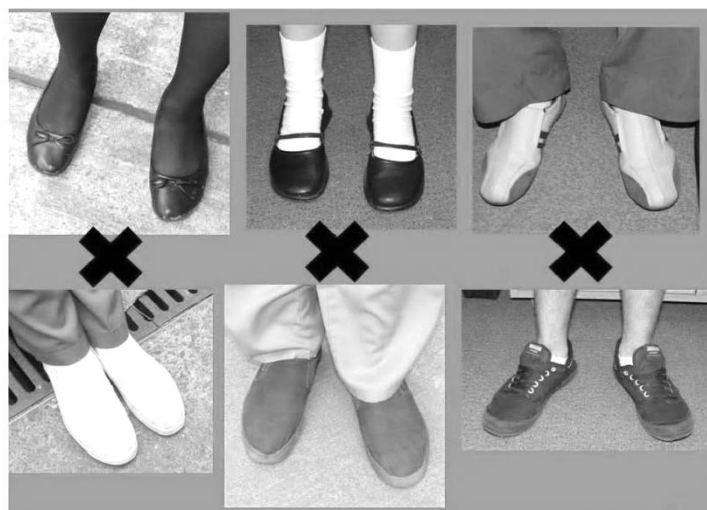
- (a) No headwear is to be worn inside except with permission from the Principal.
- (b) Beanies may be worn during the colder months of Term 2 and 3 only.
- (c) No offensive and/or inappropriate writing or offensive and/or inappropriate logos.

Safe Uniform & Footwear

SHOES THAT SHOULD BE WORN:



SHOES THAT SHOULD NOT BE WORN:





MY S.M.A.R.T. STUDY/HOMEWORK TIMETABLE

- This is **your contract with yourself**.
- Ask your parents to help you to successfully study each week.
- Make sure you get enough sleep.
- Your leisure time (sport, shopping, favourite TV show) should be included.
- Allow time for HW and assignments.

HOW CAN I STUDY?

- Work out whether you are a morning or evening person and set up this timetable with that in mind.
- Ask your teacher about the best way to study for each subject.
- Go through your notes and use a highlighter pen to highlight the main concepts. This makes future study easier and much quicker.
- If you miss a session, catch it up.
- Make copies and tick off each study session after you complete it.
- Keep a folder for each subject so that you are organised and can find things easily.

WHY SHOULD I STUDY?

- If you develop a study habit **NOW**, it will make your HSC and further study much less of a hassle.
- Being **ORGANISED** is the key to future success no matter where life takes you

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 am							
7 am							
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							