



CANTEEN MENU 2024

| BREAKFAST MENU... (everyday items) | | |
|---|--------|---|
| Variety of Fresh Fruit | \$1.00 | E |
| Ham & Cheese Toasted | \$4.50 | E |
| Croissants Plain | \$3.50 | E |
| Croissant Ham & Cheese | \$5.00 | E |
| Toasted Cheese (H) | \$3.50 | E |
| Toasted Sandwich (Veg, Honey or Jam) | \$3.00 | E |
| Rice Pudding | \$4.50 | E |
| Egg Roll | \$4.50 | E |
| Bacon & Egg Roll | \$6.50 | O |
| Raisin Roast | \$2.50 | E |
| Hash Brown | \$2.00 | O |
| Yogurt 95% (E/R) with Muesli & Fresh Fruit | \$5.00 | E |
| | | |
| SANDWICHES... (everyday items) | | |
| Vegetite or Honey | \$3.00 | E |
| Tuna Salad | \$5.00 | E |
| Mild or Tasty Cheese (H) | \$4.00 | E |
| Roast Beef with Lettuce & Cheese | \$5.50 | E |
| Cheese & Tomato | \$4.50 | E |
| Roast Turkey with Cranberry Sauce | \$5.00 | E |
| Salad (lettuce, carrot, tomato, cucumber) (V) | \$5.00 | E |
| Leg Ham, Cheese & Tomato | \$6.00 | E |
| Tomato | \$3.00 | E |
| Avocado | \$3.00 | E |
| Fresh chicken lettuce & mayo | \$6.00 | E |
| Egg | \$4.00 | E |
| Egg & Lettuce | \$4.50 | E |
| Buttered Bread | \$1.00 | E |
| | | |
| Wraps ... (everyday items) | | |
| Salad | \$7.00 | E |
| (Lettuce, Tomato, Carrots, Cucumber Beetroot Red Onion) | | |
| Breast Chicken- Lettuce & Mayo | \$7.00 | E |
| Leg Ham & Salad | \$6.00 | E |
| Chicken-Cheese & Tomato | \$7.00 | E |
| Tuna-Lettuce, Tomato & Mayo | \$7.00 | E |
| Roast beef & Salad | \$7.00 | E |
| Tandoori Chicken-Cucumber & Lettuce | \$7.00 | E |
| Chicken Caesar | \$7.00 | E |
| Falafel-Tabouli, Hommos & Lettuce | \$7.00 | E |
| (Available) on a Turkish Roll | \$7.50 | E |



| HOT FOOD... | | |
|--|---------------------|---|
| Garlic Bread Full Roll | \$2.80 | E |
| Chicken Devil Wing (H) | 2.50 | E |
| Hamburger Plain | \$6.50 | E |
| Cheese Burger | \$7.00 | E |
| Chicken Burger (H) | \$6.50 | E |
| Caesar Burger | \$7.00 | E |
| Portuguese Burger | \$7.00 | E |
| Vegetarian Burger | \$6.50 | E |
| Chicken Snitzel Breast on a L/Roll | \$7.00 | E |
| Chicken Kebab on a L/Roll | \$7.00 | E |
| Chicken Kebab | \$4.50 | E |
| Potato Wedges (With Chili or Sour Cream) (H) | \$5.50 | O |
| Noodles cup (beef or chicken) (H) | \$3.50 | O |
| Chicken nuggets x4 (H) | \$3.50 | O |
| Sweet Chili Tender Roll with Lettuce | \$7.00 | O |
| Hot dog (low fat) (H) | \$4.50 | O |
| Hot Dog with Cheese | \$5.00 | O |
| Sausage roll (H) | \$4.50 | O |
| Meat Pie (H) | \$5.00 | O |
| Sheppards Pie (H) | \$5.00 | O |
| Spinach & Ricotta Roll | \$4.50 | O |
| Hash Browns | \$2.00 | O |
| Pizza (Variety) | \$4.50 | O |
| | | |
| HOT MEALS... (2 Dishes Rotating everyday) | | |
| Beef lasagna (H) | Sm \$5.50 | E |
| Vegetarian lasagna (V) | Sm \$5.50 Lg \$7.00 | E |
| Butter Chicken with Rice | Sm \$5.50 Lg \$7.00 | E |
| Fried Rice (Veg) | Sm \$5.50 Lg \$7.00 | E |
| Chicken Pasta | Sm \$5.50 Lg \$7.00 | E |
| Cheese Macaroni | Sm \$5.50 Lg \$7.00 | E |
| Spaghetti Bolognaise | Sm \$5.50 Lg \$7.00 | E |
| Cream & Cheese Potatoes | Sm \$5.50 Lg \$7.00 | E |
| Chinese Noodles | Sm \$5.50 Lg \$7.00 | E |
| | | |
| Juices... (everyday items) | | |
| Fresh Juice | Sm \$3.50 Lg \$4.50 | E |
| Apple Juice | Sm \$3.50 | E |
| Poppers | \$3.00 | E |
| Aloe Juice Watermelon, Peach, Original | \$4.50 | E |
| Juice Bomb | \$3.50 | E |
| Chill J 100% Fruit Juice | \$4.50 | E |
| Ice Tea | \$5.00 | E |



| SALADS... (everyday items) | | |
|--------------------------------------|---------------------|----------|
| Freshly Cut Fruit Salad | Sm \$5.50 Lg \$7.00 | E |
| Garden salad (V) | Sm \$5.50 Lg \$7.00 | E |
| Tuna Pasta Salad | Sm \$5.50 Lg \$7.00 | E |
| Caesar Salad | Sm \$5.50 Lg \$7.00 | E |
| Potato Salad | Sm \$5.50 Lg \$7.00 | E |
| Fresh Chicken Pasta Salad & Avocado | Sm \$5.50 Lg \$7.00 | E |
| Tabouli Salad | Sm \$5.50 Lg \$7.00 | E |
| Greek salad | Sm \$5.50 Lg \$7.00 | E |
| Coleslaw Salad | Sm \$5.50 Lg \$7.00 | E |
| Pumpkin & Baby Spinach Salad | Sm \$5.50 Lg \$7.00 | E |
| | | |
| Cold Beverages... | | |
| Spring Water | | \$2.80 E |
| Waterfords Flavoured Sparkling Water | | \$4.50 E |
| Pepsi Max Cans (No Sugar) | | \$3.00 E |
| Pepsi Max Bottles (No Sugar) | | \$5.00 E |
| Milk Shakes (No ice-cream) | | \$4.50 E |
| Plain Milk | Sm \$2.50 Lg \$3.50 | E |
| Oak Milk | Sm \$3.50 Lg \$4.50 | E |
| Up & Go | | \$3.50 E |
| | | |
| SNACKS... | | |
| Ice Blocks | | RRP E |
| Twist Frozen Yogurt GF | | RRP E |
| Ice Money TNT | | RRP E |
| Quelch Berry Ice Block | | RRP E |
| Snap Sticks | | RRP E |
| Custard Cups | | \$3.00 E |
| Jelly Cups | | \$3.00 E |
| Banana Bread | | \$4.00 O |
| Muffins | | \$4.50 O |



We have all types of Bread
White, Wholemeal, Multigrain,
Wraps, White Rolls
Or Focaccia



E Everyday
O Occassionally

*Our Company comply with the NSW Department of Education
Healthy Canteen Strategy*

All Prices are Subject to Supplier Increases